

**Family yoga classes** are scheduled for [Tuesday, January 23rd](#) at 4:30 and 5:30 p.m. Instructors will be Traci Zuhlsdorf and Lisa Hoffman from Anytime Fitness.

**Springfield ECFE and School Readiness Families**—(Jan. 22<sup>nd</sup> class will be held Jan. 23<sup>rd</sup>)

Come anytime during the hours of 4:30--6:30pm. Classes will be held in cooperation with the Anytime Fitness Family Yoga Event. Classroom activities are also available.

School Readiness meets from 5:30-6:30pm. Everyone Welcome